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|  | Példa Péter | 2003.01.19. | fiú | serdülő | 8. gup | 9-7. gup | -42 kg |
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|  | **C:\Users\DánielPéter\Downloads\image1 (2).JPG** | http://vignette4.wikia.nocookie.net/taekwondo/images/9/95/NEW_ITF_logo.png/revision/latest?cb=20140428052346http://www.nemzetijelkepek.hu/pictures/onkormanyzat/Hodmezovasarhely.jpg**ITF Taekwon-do Magyar Bajnokság**  **Hódmezővásárhely, március 5-6.** | | | | | | | | | | |
|  |  | **Ifjúsági/felnőtt egyéni nevezési lap** | | | | | | | | | | |
|  | **Kapcsolattartó személy:**  **Tel:**  **e-mail:** | | |  | | **Klub neve:**  **Címe (számlázási cím):** | | | | | | |
|  | **Versenyző** | | **Születési dátum**  **(év, hónap, nap)** | **Nem** | **Korcsoport** | | **Övfokozat** | **Formagyakorlat** | **Küzdelem Súly csoport** | **Tradicionális küzdelem** | **Spec. törés**  **(X - ha indul)** | **Erőtörés**  **(X – ha indul)** |
|  | Példa Péter | | 2001.01.19 | fiú | ifjúsági | | 4. gup | 4-1. gup | +75 kg | Csapatnév | - | X |
| 1. |  | |  |  |  | |  |  |  |  |  |  |
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|  | **Versenyző** | **Születési dátum**  **(év, hónap, nap)** | **Nem** | **Korcsoport**  **(ifjúsági/felnőtt)** | **Övfokozat** | **Formagyakorlat** | **Küzdelem**  **Súly csoport** | **Tradicionális küzdelem** | **Spec. törés** | **Erőtörés** |
|  | Példa Péter | 2001.01.19 | fiú | ifjúsági | 4. gup | 4-1. gup | +75 kg | Csapatnév | - | X |
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|  | **C:\Users\DánielPéter\Downloads\image1 (2).JPG** | **Ifjúsági/felnőtt csapat nevezési lap** | | | | | | | |
|  | **Klub neve:** | | | | | | | |
|  | **Versenyző** | | **Korcsoport**  **(ijfúsági/felnőtt)** | **Övfokozat** | **Csapatnév**  **(Pl.: Csapat 1-2-3 stb.)** | **Csapat formagyakorlat** | **Csapat küzdelem** | **Csapat spec. törés** | **Csapat erőtörés** |
|  | Példa Péter | | felnőtt | 6. gup | Csapat 1 | x | x | x | - |
| 1. |  | |  |  |  |  |  |  |  |
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|  | Példa Péter |  | 6. gup | Csapat 1 | x | x | x | - |
| 1. |  |  |  |  |  |  |  |  |
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